

Diagnostic Imaging***Radiography Requisition Patient Preparations***

Physicians please check appropriate box (✓) indicating patient preparation instructions.

Medications can be taken prior to your test with a **small** amount of water.

Diabetics: Please inform patient scheduling at 905-895-4521, ext. 2665 about your diabetes when booking your appointment. If you take insulin, you must consult your doctor about adjusting your dose.

Barium Swallow / Esophagus, Stomach, Duodenum (ESD) / Upper GI / Small Bowel (SBFT):

Nothing to eat or drink after midnight. Please note the test for Small Bowel (SBFT) may take up to 3 hours to complete.

Adult Colon / Barium Enema:

Obtain CITROMAG and DULCOLAX tablets and DULCOLAX suppository from your pharmacist. Start the preparation the day before your test. Times shown are approximate.

- Noon - Eat a low residue lunch (eg. clear soup, chicken sandwich without butter or lettuce, jello, skim milk).
2 p.m. - Drink a full glass of clear fluid (eg. water, pop, clear fruit juice, beer, tea or coffee with sugar but without cream).
4 p.m. - Drink a full glass of clear fluid.
6 p.m. - Eat a low residue dinner (same as lunch).
7 p.m. - Drink a full glass of clear fluid.
8 p.m. - Drink one bottle of cold CITROMAG.

Drink liberal amounts of clear fluids after each bowel movement. At bedtime, take one DULCOLAX tablet.

Morning of Test - Drink moderate amounts of clear fluids. DO NOT EAT. Upon waking, insert one DULCOLAX suppository in rectum and retain it until a forced evacuation occurs.

Paediatric Colon / Barium Enema:

There is no preparation for children 10 years and under.

PLEASE NOTE:

- **Bring this requisition and your Ontario Health card.**
- Upon arrival you are required to check-in for your appointment at one of our Welcome Centres or Self-Serve Kiosks before proceeding to Diagnostic Imaging Reception.
- If you are unable to keep your appointment, please call Patient Scheduling at 905-895-4521, ext. 2665.
- **Diagnostic Imaging cannot perform any tests without a requisition signed by a physician.**